

## Advancing SRHR of Adolescents of Earthquake affected villages of Sindhupalchowk, Nepal: A pilot project

*Project Brief for the stakeholders and partners*



### BACKGROUND

Comprehensive Sexual Reproductive Health Rights (SRHR) is an essential component of any healthy society. In many communities of Nepal, an open discussion and access to information on sexual issues, particularly for adolescents, is still restricted by conservative traditions and attitudes. It is essential to change taboos and build new social norms through advocacy and dialogue with communities and stakeholders.

In 2019, BNMT implemented an adolescent focused SRHR project under Amplify Change in Sindhupalchowk, Nepal. The aim of the project was

- to improve the sexual and reproductive health of young people by improving their knowledge on SRHR
- to advocate for the adolescent SRHR rights.

The project emphasized SRHR issues of the community through their engagement, advocacy and research for improved resources and access to SRHR for vulnerable population.

### PROJECT INFORMATION

#### Project Area:

- ❖ Ward No. 2, 3, 5, 6, 7 and 8 Indrawati Rural Municipality of Sindhupalchowk.

#### Downstream Delivery Partners:

- ❖ Community Development and Environment Conservation Forum
- ❖ Indrawati Community Service Centre
- ❖ Sindhu Punarjagaran Sangh

#### Duration: 30 Months

(1<sup>st</sup> March 2019 to 31<sup>st</sup> August, 2021)



## KEY ACHIEVEMENTS

- ❖ Strengthened and mobilized the Civil Society Organizations through awareness and trainings.
- ❖ Interactive community engagement on the sensitive issues of SRHR.
- ❖ Engaged community gatekeepers like health care workers, Female Community Health Volunteers (FCHV), political leaders in SRHR dialogues
- ❖ Engaged parents, students and teachers in a dialogue to reduce communication barriers.
- ❖ Empowered adolescents by providing them with relevant skills and information via comprehensive sexuality education.
- ❖ Conducted a qualitative study on the Impact of COVID-19 on access and use of sexual and reproductive health services among adolescents in Sindhupalchowk district.

## CONTACT INFO

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## BENEFICIARIES



**1200**

community people sensitized on Sexual and Reproductive Health and rights (SRHR) with forum theatres



**52**

Municipal and ward representatives advocated for improved SRHR of adolescents



**231**

Representatives of Civil Society Organizations (CSOs) capacitated on SRHR and mental health awareness for sustainability



**423**

students awareness raised on mental wellbeing via interactions, orientations and Information Education Communication/Behaviour change communication (IEC/BCC)



**40**

health workers oriented on mental health



**332**

parents of adolescents oriented on SRHR and Comprehensive Sexuality Education (CSE)



**64**

FCHVs and mothers groups oriented on SRHR



**140**

teachers oriented on school mental health and SRHR



**151**

pregnant and lactating mothers supported with Covid19 relief nutritional and sanitation packages



**31**

Teachers, school principals, CSO representatives, school nurses, advocated on CSE and adolescents SRHR